

ArtsCenter

PAINTING FROM THE MODEL

Elizabeth Andersen May

Acrylic Painter's Materials List:

Recommended brands of paint:

- Liquitex
- Golden
- If you have your own paints and supplies, please feel free to bring them.

Note: Please pay attention to whether your acrylics are "transparent" or "opaque". Ideally, I would like you to have both. For example, alizerine crimson is "transparent" whereas yellow ochre is generally "opaque" or "semi-transparent". If possible please avoid "hues" of colors--they tend to make muddy colors.

Paints: Please bring:

- A large (4.65 oz) tube of Titanium White
- A large tube of Acrylic Slow Drying Retarding Gel
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- Smaller (2 oz) tubes of the following:
- Yellow Ochre
- Hansa Yellow
- Naphthol Crimson
- Cadmium Red Light
- Burnt Umber
- Ivory Black
- Ultramarine Blue

(Additional useful but optional colors):

- Hooker's Green
- Alizerine Crimson
- Burnt Sienna
- Phalo Blue
- Magenta

- A tube or small jar of Matte Gel Medium would also be useful.
- A spray bottle for water is helpful.
- A small household sponge is also helpful.

Other Materials:

- One diamond (or "trowel")-shaped palette knife for mixing paints (should be pointed and about 1 inch wide at the widest part of the blade). Plastic blades are best for paper palettes, while metal blades are best for glass.

- One pad disposable palette paper (11"x14" or larger). (Look for the kind with a shiny surface)
- *OR* a Masterson Sta-Wet Acrylic Palette, with palette paper
- *OR* You can make a glass palette, which I will discuss in the first class.
- A glass or a Sta-Wet palette is preferable. If you have your own palette already, please bring it.
If you have a glass palette, please bring a razor blade scraper for the palette.
An enamelled butcher's pan is also an acceptable acrylic palette.
- Please bring a small (14"x18" or similar sized) pre-stretched Canvas (Frederick's is a good brand) (or if you have experience, you may stretch your own canvas or prepare a panel with gesso).
- One small bottle Liquitex Acrylic Gesso (4 to 8 oz is fine).
- One large (2 inch) sponge-head brush (can be bought at the hardware or craft store or at the Studio Supply store on Franklin Street). The sponges are usually grey and should cost about 50 cents.
- If you already have brushes, please bring them. Otherwise, I recommend long-handled, flat brushes, with long bristles (not short haired "brights" or "filberts"). Ideally, they should have a rectangular shape (not rounded).

You will save yourself a lot of frustration if you don't buy the cheapest brushes.

(One way to tell is to tug gently on the hairs to see if they fall out.) Synthetic bristle is the best kind for acrylic. If you want to get a few and have me look at them before you buy more, I'd be glad to do that. It's also a good idea to try them and see how you like them for the way that you paint. I will talk more about brushes in the first class.

- Brushes : Ideally, two of each of the following: (but feel free to start out with one of each): #2, #4, #6
one #8 A larger brush one #12 (or #14) would also be helpful. You should also have a small, pointed (#0 or #00 size) brush for details.
- One bar soap. (Ivory is good. I also like "The Artists" brand, from art supply stores.
- One roll cloth-like paper towels (Viva is good). (Paper towels are easier as long as they're thick). *OR* Paint rags (Cotton T-shirt material works.)

Additional optional but recommended supplies:

- A coffee can, jar, or brush stand in which to put your brushes. It should be free-standing and able to hold the long-handled brushes without tipping over. Pouring

some dry rice or gravel (about 3 inches) in the bottom of the can can help hold the brushes where you put them.

- A plastic toolbox or art bin is helpful to carry paints and supplies. I find the ones with lift-out trays, with large compartments able to hold long-handled brushes very useful.
- Latex or vinyl disposable surgical gloves to protect your hands and make cleanup easier (can be bought at a pharmacy).
- A smock, over-shirt, or apron.

Note: If you have questions about this supply list, you may call me at home at: (919) 932-6933 or email me at elizabethartist@yahoo.com . If you are not sure, please call me before you make substitutions to this list.

Reminder: Models' fees will be split evenly amongst students at first class.

Artist's Supply Stores:

(Note: If you are concerned about prices, please shop around and compare. Prices vary greatly from store to store. Ask for student discounts and mention the ArtsCenter. I have had fairly good luck with the prices at Jerry's Artarama. The Studio Supply Store on West Franklin Street, though small and not inexpensive, may be willing to give you a student discount.)

You can also shop online. **Pearl Paint** (www.pearlpaint.com) is a good online source.

Local art stores include:

Studio Supply (This is the closest store to the ArtsCenter)
421 West Franklin Street
Chapel Hill
(919)-929-5637

Jerry's Artarama (Best selection, helpful staff, but located in Raleigh)
3060 Wake Forest Road
Raleigh
(919)-876-6610

Hungate's
University Mall

Chapel Hill
(919)-933-7671

Michael's
New Hope Commons
Durham
(919)-490-4945

AC Moore
(Across from New Hope Commons)
Durham
(919)-403-1502