

ArtsCenter

PAINTING FROM THE MODEL

Elizabeth Andersen May

Oil Painter's Materials List:

Recommended brands of paint:

- Economical: Windsor Newton "Winton"
- More expensive: Windsor Newton, Grumbacher, Old Holland
- If you already have your own paint and supplies, please feel free to bring them.

Note: Please ***DO NOT*** bring solvents or products containing them (turpentine, turpenoid, natural solvents, liquin, paint thinner, or varnishes) to class. I will show you how to paint and clean your brushes without them.

Paints: Please bring:

- A large (4.65 oz) tube of Titanium White
- Smaller (2 oz) tubes of the following:
- Yellow Ochre
 - Cadmium Red Light (Grumbacher recommended)
 - Cadmium Red Deep (Grumbacher recommended)
 - Burnt Umber
 - Ivory Black
 - Ultramarine Blue

(Additional useful but **optional** colors):

- Cadmium Red, Medium (Grumbacher, recommended)
- Cadmium Yellow, Medium
- Burnt Sienna
- Viridian
- Prussian Blue
- Magenta, Magenta Hue, or Windsor-Newton Primary Rose

Other Materials:

- One diamond (or "trowel")-shaped metal palette knife for mixing paints (should be pointed and about 1 inch wide at the widest part of the blade).
- You can make a glass palette, which I will discuss in the first class. ***OR*** you can purchase One pad disposable palette paper (11"x14" or larger). (Look for the kind with a shiny surface - it works better)
- A glass palette is preferable. If you have your own palette already, please bring it. If you have a glass palette, please bring a razor blade scraper for the palette.

- Please bring a small (14"x18" or similar sized) pre-stretched Canvas (Frederick's is a good brand) (or if you have experience, you may stretch your own canvas or prepare a panel with gesso).
- One small bottle Liquitex Acrylic Gesso (4 to 8 oz is fine).
- One large (2 inch) sponge-head brush (can be bought at the hardware or craft store or at the Studio Supply store on Franklin Street). The sponges are usually grey and should cost about 50 cents.
- One (4 oz) bottle refined linseed oil (should be thin and runny, not the thickened kind)
- If you already have brushes, please bring them. Otherwise, I recommend long-handled, flat, hogs-hair brushes, with long bristles (not short haired "brights" or "filberts"). Ideally, they should have a rectangular shape (not rounded).

You will save yourself a lot of frustration if you don't buy the cheapest brushes.

(One way to tell is to tug gently on the hairs to see if they fall out.) Silver or Raphael brand are very good brushes. Look for 100% bristle. If you want to get a few and have me look at them before you buy more, I'd be glad to do that. It's also a good idea to try them and see how you like them for the way that you paint. I will talk more about brushes in the first class.

- Brushes : Ideally, two of each of the following: (but feel free to start out with one of each): #2, #4, #6 one #8. A large brush (one #12 or #14) would also be a good idea.
- One bar soap. (Ivory is good. I also like "The Artists" brand, from art supply stores.)
- One small bottle baby oil (also called "mineral oil").
- One roll cloth-like paper towels (Viva is good). (Paper towels are easier as long as they're thick). *OR* Paint rags (Cotton T-shirt material works.)

Additional optional but recommended supplies:

- A coffee can, jar, or brush stand in which to put your brushes. It should be free-standing and able to hold the long-handled brushes without tipping over. Pouring some dry rice or gravel (about 3 inches) in the bottom of the can can help hold the brushes where you put them.
- A plastic toolbox or art bin is helpful to carry paints and supplies. I find the ones with lift-out trays, with large compartments able to hold long-handled brushes

very useful.

- Latex or vinyl disposable surgical gloves to protect your hands and make clean up easier (can be bought at a pharmacy).
- A smock, over-shirt, or apron.

Note: If you have questions about this supply list, you may call me at home at: (919) 932-6933 or email me at elizabethartist@yahoo.com . If you are not sure, please call me before you make substitutions to this list.

Reminder: Models' fees will be split evenly amongst students at first class.

Artist's Supply Stores:

(Note: If you are concerned about prices, please shop around and compare. Prices vary greatly from store to store. Ask for student discounts and mention the ArtsCenter. I have had fairly good luck with the prices at Jerry's Artarama. The Studio Supply Store on West Franklin Street, though small and not inexpensive, may be willing to give you a student discount.)

You can also shop online. **Pearl Paint** (www.pearlpaint.com) is a good online source.

Local art stores include:

Studio Supply (This is the closest store to the ArtsCenter)
421 West Franklin Street
Chapel Hill
(919)-929-5637

Jerry's Artarama (Best selection, helpful staff, but located in Raleigh)
3060 Wake Forest Road
Raleigh
(919)-876-6610

Hungate's
University Mall
Chapel Hill
(919)-933-7671

Michael's

New Hope Commons

Durham

(919)-490-4945

AC Moore

(Across from New Hope Commons)

Durham

(919)-403-1502